

CONTINUING EDUCATION WORKSHOPS

From the
RUTGERS School of Social Work

THE SECRET LIFE OF HOARDING

JUDETH FORLENZA WESLEY, LCSW, APRN, LCADC

Hoarding has been a hidden disorder for many years, with little research on the topic. Awareness of hoarding throughout the lifespan has increased due to clinical issues, such as unhealthy living conditions, that impact individuals, families, and communities. This workshop, "The Secret Life of Hoarding" will concentrate on the older adult who meets the criteria as per the DSM 5. Participants will practice skills in working with the older adult who meets these criteria as well as identifying strategies for family members who are involved with an older adult who is diagnosed with this disorder.

 **September 28TH**

 **9:30am–3:30pm**

 **Parker at the Pavilion,
443 River Rd., Highland Park**

 **Continuing Edu. Hrs: 5***

 **Fee: \$129**

SEX AND SENIORS: WHAT EVERY PROFESSIONAL NEEDS TO KNOW

TRACEY L. POST, LCSW

As people live longer and healthier lives, understanding sexuality and the aging process becomes an integral part of everyone's practice. This workshop will address common myths about sexuality in the latter part of the life cycle, and look at the natural changes in sexual desire and response. Also highlighted are the more prevalent physiological changes which affect sexuality, treatment options for various sexual challenges, and most importantly, how to discuss these issues openly, directly, and comfortably with clients.

 **October 5th**

 **9:30am–3:30pm**

 **Parker at the Pavilion,
443 River Rd., Highland Park**

 **Continuing Edu. Hrs: 5***

 **Fee: \$129**

To register or for further information visit www.socialwork.rutgers.edu/ce or call (848) 932-8758

Lunch will be provided by Parker Dining Services

*5 CEUs for Social Workers, LPCs, and MFTs only. CALA, LNHA, Recreation and other healthcare professionals are welcome to attend and request credit from their organization.

Parker is pleased to present this program as a community service. All opinions and program content presented are solely the responsibility of the speaker. Parker does not endorse or recommend any products or services that may be offered by any speaker or business.

BIOETHICAL DECISION MAKING: CONSIDERATIONS FOR ADVANCED PLANNING

HELEN HUNTER, ACSW, LSW

As the American health care system grows more complex, there is a growing public awareness of the need for advance planning involving end of life decisions. Conflicts among health care professionals, patients, families and payors are almost inevitable given the growing number of choices available, particularly when it comes to terminal prognoses and death. Participants in this workshop will learn of the controversy surrounding the living will, the use of the out-of-hospital do not resuscitate orders, and legal considerations of capacity that impact the individuals right to voluntary decision making. Issues of voluntary versus involuntary approaches to ethical decision making will be explored using clinical examples.

 **November 8TH**

 **9:30am–3:30pm**

 **Parker at the Pavilion,
443 River Rd., Highland Park**

 **Continuing Edu. Hrs: 5***
Does not qualify for NBCC ethics hours

 **Fee: \$129**

GENERATION SILENT: ADDRESSING AGING IN THE LGBT COMMUNITY

JUDETH FORLENZA WESLEY, LCSW, APRN, LCADC

As clinical staff we are called to understand, appreciate and engage with seniors who have been on the front lines of the fight for sexual orientation acceptance and are now battling discrimination on 2 levels: aging and orientation. This workshop will address the experience of being gay, as participants explore their own values, attitudes and beliefs and begin to integrate and assess the impact of these issues on aging individuals and their families. Topics addressed include affirmative and inclusive language, best practice considerations, aging-specific issues and sexually inclusive interviewing. Social work ethics will be reviewed and emphasized as a foundation for working affirmatively with clients.

 **December 15TH**

 **9:30am–3:30pm**

 **Parker at Monroe, 395
Schoolhouse Rd., Monroe Twp**

 **Continuing Edu. Hrs: 5***
Does not qualify for NBCC ethics hours

 **Fee: \$129**

**JUDETH FORLENZA WESLEY,
RN, MSW, LCSW, CPS**

has been working in the field of addictions for over ten years as a licensed clinician, director, professional staff trainer, and educator. She is a lecturer at Rutgers University School of Social Work and the Intensive Weekend MSW program; field liaison; off-site field instructor; CEU workshop facilitator; in-home therapist for the elderly and disabled with NewBridge Services; Anger Management facilitator and Certified Alcohol and Drug Counselor curriculum writer and teacher with New Jersey Prevention Network; curriculum writer and facilitator for New Jersey Child Welfare Training Academy; and an on-line curriculum writer for NCADD Middlesex.

TRACEY L. POST, LCSW

is the president of TLPConsulting Group, LLC which provides training and consultation services to individuals, as well as public and private organizations, on human sexuality, trauma, and trauma-informed care. Specialties include child and adult sexuality, gender identity, sexual abuse, relationship violence and trauma interventions and treatment. She is an AASECT certified sexuality therapist, an IATP certified trauma specialist; and serves as the Co-Chair for the LGBTQI Task Force; New Jersey DCF (Department of Children and Families) and as a board member of HiTops, Adolescent Health Center. She served from 1998 to 2008, as the Associate Director of the Robert Wood Johnson Human Sexuality Program.

HELEN HUNTER, ACSW, LSW

is an independent geriatric social worker, consultant and trainer, with over 35 years of experience. She is a workshop leader, therapist and spiritual director who specializes in elder care and family care issues. Ms. Hunter has worked in home health and hospice care and is certified as a Grief Recovery Specialist.

Ms. Hunter holds advanced degrees in social work and theology and has been a Certified Lay Minister through the Greater NJ United Methodist Conference since 2011. Ms. Hunter is a member of a number of national, state and local social work training and aging service provider organizations, lending her vast professional experience to these groups that service the elder population.