

# CONTINUING EDUCATION WORKSHOPS

From the  
**RUTGERS** School of Social Work

## HUGS & TEXTS: GRANDPARENTING TODAY

**DR. NANCY HARRISON, PsyD**

Both conventional wisdom & current data would suggest that active involvement by grandparents typically enhances the level of children's functioning. However, in clinical work with families, grandparents are an often under utilized resource. This workshop will address practical approaches for clinicians working with children, parents, and/or grandparents in order to enhance the grandparent-child connection. We will explore the ways in which factors such as technology and family mobility can serve both as obstacles as well as opportunities in this special relationship.

 **June 8<sup>TH</sup>**

 **9:30am–3:30pm**

 **Parker at the Pavilion,  
443 River Rd., Highland Park**

 **Continuing Edu. Hrs: 5\***

 **Fee: \$129**

## PRACTICAL CASE MANAGEMENT WITH OLDER ADULTS

**JUDITH PARNES, ACSW, LCSW, CMC**

Case management practice is based on two important principles. The first involves respect and support for independence. The second involves the principle of using the least restrictive alternative in helping clients with lifestyle changes. You will learn practical skills such as making realistic plans with the client, determining the frequency and nature of client contacts needed to implement the case plan, using existing support systems, addressing cultural and ethnic factors, ongoing assessment, networking effectively with other agencies, clarifying respective roles, and scheduling case management time and case recording.

 **June 20<sup>th</sup>**

 **9:30am–3:30pm**

 **Parker at Monroe, 395  
Schoolhouse Rd., Monroe Twp**

 **Continuing Edu. Hrs: 5\***

 **Fee: \$129**

**To register or for further information visit [www.socialwork.rutgers.edu/ce](http://www.socialwork.rutgers.edu/ce) or call (848) 932-8758**

\*5 CEUs for Social Workers, LPCs, and MFTs only. CALA, LNHA, Recreation and other healthcare professionals are welcome to attend and request credit from their organization.

## CONTINUING EDUCATION AT PARKER FROM THE RUTGERS SCHOOL OF SOCIAL WORK

# UNDERSTANDING AND EMPOWERING CAREGIVERS OF OLDER ADULTS

**EILEEN DOREMUS**

Older adults are living longer and longer lives. However, with longer life, the need for significant support increases. Caregivers are increasingly called upon to provide the necessary supports to keep an older adult functioning — often for a period of years. A key aspect of effective work with older adults is understanding and supporting the difficult and important role of their caregivers. This workshop will explore the many dimensions of caregiving for older adults, including the challenges and rewards of caregiving from an emotional, physical, and financial perspective. Caregiver burnout, coping patterns, and long-distance caregiving will be covered. You will also learn strategies and resources for supporting caregivers.

 **July 26<sup>TH</sup>**

 **9:30am–3:30pm**

 **Parker at the Pavilion,  
443 River Rd., Highland Park**

 **Continuing Edu. Hrs: 5\***

 **Fee: \$129**

## EILEEN DOREMUS

is the Executive Director of the Mercer County Office on Aging, where she develops and implements programs and services for the state designated Office on Aging. She oversees resources for the aging population and is a public liaison to groups that deal with aging-related issues. Ms. Doremus is a teacher and facilitator at Mercer County Community College, where she was instrumental in designing the Gerontology Certificate Program. She has served as an expert speaker, educator and program developer for the Alzheimer's Association. Recipient of several professional awards, she serves on several boards and advisory councils including the NJ Foundation on Aging.

## JUDITH A. PARNES, ACSW, LCSW, CMC,

Executive Director and Founder of Elder Life Management, is Judith a nationally recognized Gerontologist, holding advanced graduate degrees, certification, and coursework in Social Work, Aging and Public Health. A noted lecturer on concerns of the elderly and their families, Ms. Parnes has taught coursework at Rutgers University as well as at community colleges throughout New Jersey. She is responsible for the development and implementation of four model programs in the State of New Jersey: Protective Services for the Elderly, the Office of Public Guardian, Elder Life Management, Inc., and the Family Safe Home Program for Abused and Neglected Elderly.

## DR. NANCY HARRISON, PsyD,

received her doctorate in clinical psychology in 1989 from Rutgers University's Graduate school of Applied and Professional Psychology. Since that time in both public and private settings, Dr. Harrison has provided clinical services to children, adults and families for issues ranging from life transitions to various forms of trauma. In addition to her private practice she is also currently a Fellow at Rutgers University's Center for Applied Psychology where she provides training and consultation to both graduate and undergraduate students. For the past 20 years she has served as the mental health consultant on the Hunterdon County Multi-Disciplinary Team at the Hunterdon County Prosecutor's Office. Dr. Harrison has developed and conducted workshops on the enhancement of parenting satisfaction entitled Parenting by Priority.

**To register or for further information visit [www.socialwork.rutgers.edu/ce](http://www.socialwork.rutgers.edu/ce) or call (848) 932-8758**

**Lunch will be provided by Parker Dining Services**

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Parker is pleased to present this program as a community service. All opinions and program content presented are solely the responsibility of the speaker. Parker does not endorse or recommend any products or services that may be offered by any speaker or business.