

CONTINUING EDUCATION WORKSHOPS

From the
RUTGERS School of Social Work

UNDERSTANDING AND IMPROVING RELATIONSHIPS IN LATER LIFE

DONNA GAPAS, LCSW

Relationships in older adults are varied, rich and complex. The quality of these relationships has an enormous impact on the coping ability of clients and their caregivers. Providers of treatment are often drawn into interpersonal dynamics that evolve from complex family histories and depleted caregivers. In this workshop, aging trends, developmental theories, and treatment issues related to late life relationships will be explored. Participants will gain a better understanding of the impact of these dynamics on the care of clients in community and medically based settings. Solutions to assisting clients and their family members in their interactions with one another while they face treatment issues, illness, addiction, death, grief and loss will be offered. Opportunities to assist clients who are seeking peace and resolution in their relationships will also be discussed.

 Friday, April 20TH

 9:30am–3:30pm

 Parker at the Pavilion,
443 River Rd., Highland Park

 Continuing Edu. Hrs: 5*

 Cost: \$129

MEMORY CARE INNOVATION: PRACTICAL TOOLS, TIPS, TECHNIQUES AND APPROACHES

MARCY SALZBERG, LSW

Step into the world of Memory Care. This interactive workshop will offer participants the opportunity to gain a better understanding of Dementia. Practical and person directed approaches to caring for someone with Dementia will be shared. Participants will learn how to apply behavioral analysis methods to understand and effectively manage dementia related behavioral expressions utilizing non-pharmacological approaches. Engaging with and celebrating the uniqueness of persons with dementia at all stages will be highlighted throughout the class.

 Tuesday, June 5th

 9:30am–3:30pm

 Parker at the Pavilion,
443 River Rd., Highland Park

 Continuing Edu. Hrs: 5*

 Cost: \$129

MORE 

COPING WITH FUNCTIONAL LOSS AND ENVIRONMENTAL CHANGES (2-DAY WORKSHOP)

MELISSA CHALKER, LCSW

This workshop focuses on the impact of functional losses and environmental changes experienced throughout the aging process and the varied coping responses that are possible. Attention will be given to productive and unproductive coping mechanisms. The impact of demographic factors (gender, race, ethnicity, socio-economic status) on the use and results of various coping strategies will be examined. Interventions which help aging adults cope with functional losses and environmental changes will be emphasized.

 **Thursday, June 14TH and 21ST**

 **9:30am–3:30pm**

 **Parker at the Pavilion,
443 River Rd., Highland Park**

 **Continuing Edu. Hrs: 5***

 **Cost: \$225**

DONNA GAPAS MSW, LCSW

is the Clinical Director of Richard Hall Community Mental Health Center. In this role, she supervises the clinical operations of the center for all program services.

In addition, Donna maintains a private practice in Lebanon, NJ, specializing in individual, couples and family therapy. A graduate of Rutgers University and Hunter College, she has over 30 years of experience, specializing in the treatment of anxiety disorders, depression, addiction and grief.

Donna has presented at national conferences and to general audiences, speaking on the topics of aging, addiction, crisis intervention, family and parenting challenges, and cultural diversity. As a part-time lecturer at Rutgers University, Graduate School of Social Work, she teaches courses on adult violence, human behavior, social welfare policy, and diversity and oppression.

MARCY SALZBERG MSW, LSW, CDP

is the Director of Social Work and Dementia Care services at Parker, a non-profit organization in Middlesex County that specializes in aging services. Marcy has almost 20 years of experience working in the field of aging, specifically in healthcare settings. She has served as a clinical supervisor for the Rutgers School of Social Work's Fellowship in Aging program, which trains, develops and prepares future social work leadership for the field of aging services. At Parker, Marcy leads a team of twelve social workers who work within Parker's residential homes and adult day programs. Marcy facilitated the development of Parker's Memory Care program, which includes specialized education and training, tools and resources to support those living with dementia, their caregivers and the community-at-large. Marcy has taught numerous classes in dementia care to Parker's employee care-partners. Additionally, she has been invited to present at the Society for the Social Work Leadership in Healthcare annual conference and has provided dementia education for the New Jersey Association of Health Care Social Workers.

MELISSA CHALKER MSW, LCSW

obtained a BSW in 2000 from Alvernia College in Reading, PA and an MSW from Rutgers in 2003. She is a licensed social worker. Melissa has a background in medical case management and long term care. In her current position as Deputy Director at the New Jersey Foundation for Aging, Melissa assists with policy and advocacy work such as the Elder Economic Security Index, oversees the production of NJFA's online magazine, Renaissance, social media outreach, the planning of NJFA's annual conference and the TV program Aging Insights. As a Part Time Lecturer for Rutgers, Melissa has taught Social Work Practice II and Social Welfare Policy and Services II: Health and Aging in the MSW program. In addition, she has also taught Coping with Functional Loss and Environmental Change for Rutgers Continuing Education as part of the Gerontology certificate program.

To register or for further information visit www.socialwork.rutgers.edu/ce or call (848) 932-8758

Lunch will be provided by Parker Dining Services

*5 CEUs for Social Workers, LPCs, and MFTs only. CALA, LNHA, Recreation and other healthcare professionals are welcome to attend and request credit from their organization.

Parker is pleased to present this program as a community service. All opinions and program content presented are solely the responsibility of the speaker. Parker does not endorse or recommend any products or services that may be offered by any speaker or business.