**TRINITAS REGIONAL MEDICAL CENTER**

**Statewide Clinical Outreach Program for the Elderly**

**Hosted by Parker at monroe**

**Present:**

**Anger Management in LTC Strategies for Residents and Caregivers**

**Program Description**

**This workshop will provide an overview of anger and aggression in long term care. A discussion on healthy vs. unhealthy anger, primitive brain vs. evolved brain, and awareness will be reviewed. Participants will learn how to help identify triggers, communication skills, and provide strategies. Emphasis will be on practical solutions and tools used to provide anger management support.**

**PRESENTER: Mobin Chadha, LCSW**

**LOCATION:** **Parker at monroe**

**(Great Room)**

**395 Schoolhouse Road**

**Monroe Township, NJ 08831**

**DATE:**  **Thursday, November 30, 2017**

**REGISTRATION Time:** **(8:30am)** ***Coffee and refreshments will be served***

**PROGRAM TIME: 9:00am – 12pm**

**Program is FREE of Charge**

**RSVP to: Leslie Diana: Ldiana@trinitas.org or Call 908-272-3606**

**C:\Users\LDiana\Pictures\Leslie Pic's\TRMC_Campus_Cancer_Ctr[1].tif**

[](http://trinitashospital.org/index.htm)